



THE WHEATSHEAF

Menu with the 14 Allergens listed

Starters

Breaded camembert with a Cumberland sauce and a rocket salad

(milk, wheat, soya, mustard)

Cream of tomato soup

(milk)

Blanchbait

(wheat, fish)

Ciabatta bread, olives, olive oil and balsamic

(Sulphites, wheat, Barley)

Main

Please note the chips contain rice flour

Breaded Wholetail Scampi served with salad and chips

(crustaceans, wheat)

Home made lasagne, chips and salad

(eggs, milk, wheat)

8oz Beef burger with relish, chips, onion rings and salad

Add cheese and bacon

(wheat, sesame, mustard, eggs, milk)

12oz Gammon steak, double egg, chips and salad

(eggs)

Apricot and Goats Cheese Nut Roast served with chips and salad

(Wheat, Milk, Sulphites, Egg, Peanuts, walnuts, almonds)

Mushroom, Cranberry and Brie Wellington served with chips and salad

(Wheat, Milk, Sulphites, Egg, Peanuts, walnuts, almonds)

Steak, Guinness and Mushroom pie with chips and vegetables

(wheat, gluten, celery, mustard)

The Catch

(Fish, milk, eggs, wheat, gluten)

Rib eye steak with all the trimmings and peas

(none, wheat, gluten)

Oxfordshire sausages, chips and peas

(wheat, gluten, soya)

Lamb shank

(dairy)

Calves liver, bacon mash, peas and onion gravy

(Dairy, wheat, soya)

Ultimate Fish Pie

(Dairy, milk, fish, crustacean, wheat)

Squash, cranberry and red onion tagine

(nuts)

Light Lunch

Baguettes all served with chips and salad

(all Baguettes contain Gluten and are buttered so contain milk)

Stilton and pancetta/ Brie and pancetta with an onion marmalade

(mustard, milk)

Prawns in a marie sauce

(crustaceans, mustard, eggs, milk)

Tuna and spring onion

(fish, eggs, milk)

Cheese and home cured ham

(mustard and milk)

Home cured ham

(mustard)

Cheese

(milk)

Steak and red onion

(none)

BLT

(none)

Jacket Potatoes served with salad

Prawn

(crustaceans, mustard, eggs, milk)

Tuna and spring onion

(fish, eggs, milk, barley)

Stilton and Bacon

(mustard, milk)

Cheese

(milk)

Cheese and beans

(milk, mustard, celery)

Cheese and home cured ham

(mustard and milk)

Home cured ham

(mustard)

Desserts

Sticky Toffee Pudding

(eggs, wheat, milk)

Warm chocolate fudge cake

(eggs, milk, gluten, soya, wheat and may also contain nuts)

Crème brulee

(eggs, ,milk)